

Curriculum Mapping: PSHCE Year 10-11

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	<p>Relationship and Sex Education Managing conflict, relationship abuse, the dangers of pornography and pressure, persuasion and coercion</p>	<p>Substances Assessing risk, managing influence and seeking support</p>	<p>Careers Application processes, CV writing and interview skills</p>	<p>Health Facing new challenges, reframing negative thinking and recognizing ill mental health</p>	<p>Social Challenges Discrimination, challenging extremism and knife crime</p>	<p>Living in the Wider World Financial risks, first aid skills and laws</p>
	<p>Concepts/Tier 3 vocabulary Conflict, Behaviours, Abuse, Controlling, Coercion, Manipulation, Pressure, Persuasion, Victim-Blaming, Domestic Violence, Refuge, Pornography, Youth produced Sexual Imagery, Legality</p>	<p>Concepts/Tier 3 vocabulary Influence, Alcohol, Substance Use, Peer Pressure, Substance Use Disorder, Addiction, Dependency, Trafficking, Cessation Services</p>	<p>Concepts/Tier 3 vocabulary Career, Guidance, Applications, Curriculum Vitae, Qualifications, Experience</p>	<p>Concepts/Tier 3 vocabulary Emotional Wellbeing, Mental health, Wellness, Resilience, Perseverance, Anxiety, Depression, Mood Disorders</p>	<p>Concepts/Tier 3 vocabulary Discrimination, Harassment, Human Rights, Protected Characteristics, Direct Discrimination, Indirect Discrimination, Extremism, Radicalisation, Terrorism, Violent Extremism, Alienation, Ideology, Protest, Democracy, Weapon</p>	<p>Concepts Tier 3 vocabulary Finance, Services, Debt, Gambling, Fraud, Overdraft, Phishing, Scam, Cybercrime, Unresponsive, Respiratory Rate, Cardio Pulmonary Resuscitation, Angina, Aspirin, Cardiac Arrest, Circulatory System, Fracture, Compress</p>
	<p>Justification: In line with the RSE statutory guidance. This half term covers key areas from the policy including: Families section including point 7 Respectful Relationships, including friendships section including points 1, 2, 4, 6 and 7 Online and media section including points 2, 3, 4, 5, 6 and 7 Being safe section including points 1 and 2 https://assets.publishing.service.gov.uk/media/62cea352e90e071e789ea9bf/Relationships_Education_RSE_and_Health_Education.pdf</p>	<p>Justification: Providing students with a more in depth understanding of how substances can impact us and giving students the tools to assess the risk and influence that may come up in their lives and how they can manage this. Also, to provide students with the range of options in support so they are able to identify where different resources can be accessed.</p>	<p>Justification: As part of our aim to fulfil the Gatsby Benchmarks of Good Career Guidance (Benchmark 1), this half term focuses on providing students with the opportunity to build their own careers portfolios through writing their own CVs and practicing formal interview skills. They also have the opportunity to look at different types of applications for careers and post 16 choices and consider what is needed for them to move forward. https://www.gatsby.org.uk/education/focus-areas/good-career-guidance</p>	<p>Justification: Students learn about a variety of strategies linked to their emotional wellbeing and deal with change and how to manage their own wellbeing linked to specific mental health illnesses. They also look at reframing techniques and how to identify this in themselves and in others in order to gain or provide support.</p>	<p>Justification: In this unit students explore a range of wider world social challenges which they may experience or already have experienced. These are linked to current affairs and focus on real world examples so can change depending on what is present in modern society. This year, students are focusing on discrimination, extremism and knife crime, all of which are current topics of discussion and prevalent in the news.</p>	<p>Justification: In this unit students explore a range of wider world topics and skills that will equip them with the knowledge and ability to succeed in certain aspects of adult life. Students engage in lessons around managing their money where they learn about different financial risks such as gambling and fraud. They then practically explore first aid skills enabling them to confidently support a casualty in situations such as if someone is unresponsive (recovery position), what to do when calling 999 and what to do if someone is experiencing chest pain.</p>
	<p>Assessment: Students do not sit a formal or summative assessment in PSHCE due to the nature of the subject. Students receive consistent assessment for learning within their lessons through questioning, peer assessment and constant verbal feedback. Students complete a challenge question at the start of each half term to consolidate their learning from the previous half term. Students are not assessed on their opinions but on their contributions to the lesson and what they have shown in terms of progression in their understanding of the topic. Rather than a grade, students are assessed of their Attitude towards Learning within lessons.</p>					
<p>Wider reading/Cultural capital Within lessons, students engage in a wide range of reading from different case studies, information resources such as leaflets and news articles and also from verbatim stories. Students also receive further provision through Enhancement Days where outside agencies engage with the students through theatre and workshops. There are also Nationally recognised initiatives that link to our curriculum such as Anti-Bullying Week and World Kindness Day which is linked to their lesson content and other events such as the World Kindness Day competition. Lessons are updated regularly to coincide with current affairs and students are encouraged to read and explore topics of interest that we have looked at, for example, politics.</p>						

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 11	<p>Relationship and Sex Education</p> <p>Family conflict, intimacy and pleasure, contraception and long-term commitments</p>	<p>Careers and Money Management</p> <p>Post 16 options, financial challenges and the value of money</p>	<p>Substances</p> <p>The dangers around smoking and vaping, drink and drug driving, "party drugs" and county lines and spiking</p>	<p>Relationship and Sex Education</p> <p>Fertility and the routes to parenthood, pregnancy outcomes and pregnancy choices (including abortion)</p>	<p>Health</p> <p>Managing exam stress and the change into post 16</p>	N/A
	<p>Concepts/Tier 3 vocabulary</p> <p>Avoidance, Diffusion, Confrontation, Negotiation, Enthusiastic Consent, Intimacy, Condom, Contraceptive Pill, Implant, Injection, Femidom, Intrauterine Device (IUD), Intrauterine System (IUS), Dental Dam, Civil Partnership, Cohabitation, Forced Marriage, Void</p>	<p>Concepts/Tier 3 vocabulary</p> <p>Qualifications, A Level, T Level, BTEC, Apprenticeships, Traineeships, Debt, Payday Loans, Mortgage, Interest, Income, Expenditure</p>	<p>Concepts/Tier 3 vocabulary</p> <p>Drugs, Drinking, Consequence, Vaping, Smoking, Nicotine, Tobacco, Cannabis, Dopamine, Addiction, Psychoactive, Hallucinogenic, LSD, MDMA, Cocaine, Crystal Meth, Amphetamines, Ketamine, Spiking, Sexual Assault, GHB (Gamma Hydroxybutyrate), GBL (Gamma Butyrolactone), Rape</p>	<p>Concepts/Tier 3 vocabulary</p> <p>Fertility, Pregnancy, Conceive, Infertility, In Vitro Fertilisation (IVF), Intrauterine Insemination (IUI), Surrogacy, Donor, Fostering, Adoption, Miscarriage, Planned Pregnancy, Unplanned Pregnancy, Contraception, Abortion, Termination</p>	<p>Concepts/Tier 3 vocabulary</p> <p>Stress, Management, Revision</p>	N/A
	<p>Justification:</p> <p>In line with the RSE statutory guidance. This half term covers key areas from the policy including:</p> <p>Families section including point 1, 2, 3, 4, 5 and 6</p> <p>Being safe section including point 2</p> <p>Intimate and sexual relationships, including sexual health section including points 1, 2, 5, 6, 9, 10 and 12</p> <p>https://assets.publishing.service.gov.uk/media/62cea352e90e071e789ea9bf/Relationships_Education_RSE_and_Health_Education.pdf</p>	<p>Justification</p> <p>As part of our aim to fulfil the Gatsby Benchmarks of Good Career Guidance (Benchmark 1), this half term focuses on the next steps for Year 11 in terms of post 16 options. They are able to explore a range of options available to them and what they need to do in order to apply and be successful in the different routes.</p> <p>https://www.gatsby.org.uk/education/focus-areas/good-career-guidance</p> <p>They then focus on managing their money by exploring borrowing (mortgages and loans) and some financial risks.</p>	<p>Justification:</p> <p>Building on students' prior knowledge of substances, we explore in more depth some of the more 'popular' forms of substance that students may have heard of and that are currently affecting young people. Students look in more depth at smoking and vaping, party drugs and the impact they can have on the user to enable students to make informed decisions in their own lives and futures. They also focus on drink / drug spiking and how to be more aware of potential dangers linked to this.</p>	<p>Justification:</p> <p>In line with the RSE statutory guidance. This half term covers key areas from the policy including:</p> <p>Intimate and sexual relationships, including sexual health section including points 3, 7, 8 and 12</p> <p>https://assets.publishing.service.gov.uk/media/62cea352e90e071e789ea9bf/Relationships_Education_RSE_and_Health_Education.pdf</p>	<p>Justification:</p> <p>Students learn about how to manage stress linked to the upcoming exam period with a focus on stress management techniques and preparing themselves. Students also look at a range of exam techniques which they are then able to utilise independently.</p>	N/A
	<p>Assessment:</p> <p>Students do not sit a formal or summative assessment in PSHCE due to the nature of the subject. Students receive consistent assessment for learning within their lessons through questioning, peer assessment and constant verbal feedback. Students complete a challenge question at the start of each half term to consolidate their learning from the previous half term. Students are not assessed on their opinions but on their contributions to the lesson and what they have shown in terms of progression in their understanding of the topic. Rather than a grade, students are assessed of their Attitude towards Learning within lessons.</p>					
<p>Wider reading/Cultural capital</p> <p>Within lessons, students engage in a wide range of reading from different case studies, information resources such as leaflets and news articles and also from verbatim stories. Students also receive further provision through Enhancement Days where outside agencies engage with the students through theatre and workshops. There are also Nationally recognised initiatives that link to our curriculum such as Anti-Bullying Week and World Kindness Day which is linked to their lesson content and other events such as the World Kindness Day competition. Lessons are updated regularly to coincide with current affairs and students are encouraged to read and explore topics of interest that we have looked at, for example, politics.</p>						